



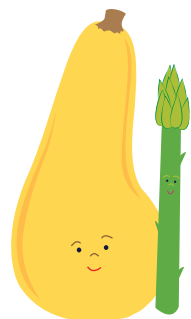
## You've been *gobbled!*

The weather's cold. The leaves are gold.  
Let's celebrate Thanksgiving...  
The perfect time of year for  
healthy food and healthy living!

Please enjoy these special treats.  
We sure hope they're delicious.  
But can you keep a secret, friend?  
(They're *actually* nutritious!)

If you enjoy this autumn game  
and want to keep it going...  
Then give a healthy "Gobbler" gift.  
Keep this tradition growing.

Giving gifts? It warms the heart.  
So do yourself a favor.  
Grab a healthy treat or two.  
And leave them for **your** neighbor!



### INSTRUCTIONS

1. Place the "We've Been Gobbled" sign in your front door or window.
2. Savor these delicious snacks. Give your body some healthy nutrition during the holidays.
3. Pay it forward. Deliver nutritious snacks to friends and neighbors. Fruits, veggies and nuts are recommended.
4. Make a copy of this flyer to leave with your gift. You can make a copy at home or download and print it at [SYFOK.com/Gobbled](http://SYFOK.com/Gobbled).
5. Don't get caught!



## We've been *gobbled!*