

Shape Your Future

BRAIN GAMES



WORD SEARCH Can you find all of the healthy words listed below?

C	C	N	A	O	F	U	A	F
V	Y	U	E	N	I	E	Q	R
B	Z	T	F	I	T	L	S	I
A	T	R	U	O	N	P	O	S
N	O	I	F	N	E	W	C	B
A	I	T	D	C	S	M	C	E
N	N	I	A	Y	S	G	E	E
A	S	O	B	W	C	D	R	K
T	E	N	N	I	S	F	X	L
G	G	P	P	E	A	R	J	H

BANANA
FITNESS

FRISBEE
NUTRITION

ONION
PEAR

SOCCER
TENNIS



Remember, fill half your plate with fruits and veggies and get 60 minutes of physical activity every day!

Search for more fun activities and healthy tips at

 **ShapeYourFutureOK.com**

