

Shape Your Future



BRAIN GAMES

WORD SCRAMBLE

Can you unscramble the healthy fruits, vegetables and activities listed below?



OLBTFLAO _____

KINHGI SOBTO _____

BRAKDOSTEA _____

AKYKA _____

TRAWE OETBTL _____

LAPTUNEOCA _____

CIROBLOC _____

MOTTOA _____

LEPAP _____

RCTARO _____



Remember, fill half your plate with fruits and veggies and get 60 minutes of physical activity every day!

For more fun activities and healthy tips, scramble over to

 **ShapeYourFutureOK.com**

