

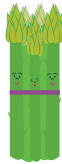
TRY THE FARMERS MARKET SCAVENGER HUNT!

Farmers markets provide kids the perfect avenue for discovering healthy foods. The best part? This adventure continues all the way to the kitchen — and your plate.

Use this scavenger hunt to get your kids excited about the smells, colors and tastes of farmers markets. See how many your kids can find!



Apple



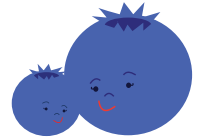
Asparagus



Peach



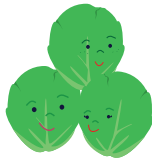
Zucchini



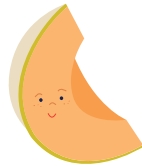
Blueberries



Broccoli



Brussels Sprouts



Cantaloupe



Carrot



Celery



Cherry



Grapes



Lemon



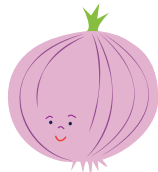
Lettuce



Lime



Mushroom



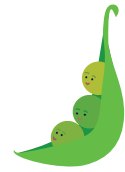
Onion



Orange



Pear



Peas



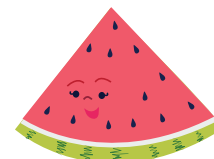
Pepper



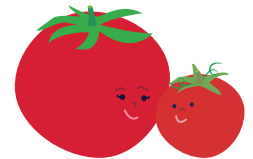
Radish



Strawberry



Watermelon



Tomatoes

Don't forget... When it comes to enjoying your tasty farmers market finds, don't be shy! Fill half your plate with fruits and veggies.

Get more healthy tips and tricks at SYFOK.com/FarmersMarket